

HENRY A. MENTZ, MD
Triple Board Certified Plastic Surgeon



THE AESTHETIC CENTER
FOR
PLASTIC SURGERY

“His extensive training and magnitude of experience have merited Triple Board Certification.”

HENRY A. MENTZ III, MD, FACS, FICS

The Aesthetic Center for Plastic Surgery, LLP
Founding and Managing Partner

UNIQUE CREDENTIALS / MEDICAL ACKNOWLEDGMENTS

- First Triple Board Certified Plastic Surgeon in the nation
- Author of 5 chapters in Plastic Surgery texts
- Over 150 papers and presentations for plastic surgery in the last 20 years
- Voted “Best Doctor in America” for Plastic Surgery
- Chosen “Super Doc” by H Texas Magazine for Plastic Surgery
- Picked as “Top Doctor” in Plastic Surgery 2003 – 2008 in Inside Houston Magazine, H Texas Magazine
- Founder of Texas largest private aesthetic surgery practice
- Featured surgeon in many local and national magazines, papers, TV and radio broadcasts
- Assistant Clinical Professor of Plastic Surgery at Baylor and St. Joseph
- Active on breasts implant and stem cell research teams
- Provides reconstructive plastic surgery and support to children in underdeveloped countries
- Lifetime appointment to “Who is Who in Medicine,” and “Who is Who in America”
- Actively researching new innovations for improved patient care
 - Inventor of abdominal etching
 - Inventor of pectoral etching
 - Inventor of puncture gynecomastia removal
 - Inventor of smoothing bra strap grooves
 - Introduced reduced pain tummy tucks
 - Introduced improved ZMM facelifts
 - Introduced liquid facelifts
 - Improved safety with liposuction/tummy tucks
 - Improved safety with breast implants/lifts
 - Continued research with stem cells, liposuction, antiaging and safety





BOARD CERTIFICATION

The first surgeon in the USA to receive these three boards:

- The American Board of Plastic Surgery
- The American Board of Facial Plastic and Reconstructive Surgery
- The American Board of Otolaryngology - Head and Neck Surgery

MEDICAL EDUCATION/RESIDENCY/ FELLOWSHIPS

- 1976-1980 Louisiana State University, Baton Rouge, Louisiana, Bachelor of Science Degree
- 1980-1984 Louisiana State University Medical School New Orleans, Louisiana, Doctor of Medicine
- 1984-1986 Ochsner Foundation of New Orleans, General Surgery
- 1986-1989 Tulane University School of Medicine, Otolaryngology - Head and Neck Surgery, Facial Plastic Surgery
- 1989-1991 St. Joseph Hospital of Houston, Plastic and Reconstructive Surgery
- ASAPS Certification for Advanced Education in Cosmetic Surgery

SPECIALIZED TRAINING

- Certified by ASAPS for Face and Body Aesthetic Surgery
- Certified for Microsurgical, Laser, Ultrasonic, and Endoscopic Surgery
- Special Training for BOTOX® Cosmetic, Restylane®, Juvederm™, Radiesse®, Isolagen®, Perlane®
- Aesthetic Plastic Surgery continuing medical education

TEACHING, RESEARCH, AND CHARITY

- Clinical Assistant Professor, Department of Plastic Surgery, St. Joseph Hospital
- Clinical Assistant Professor, Department of Plastic Surgery, Baylor College of Medicine
- Teaching staff, Operation San Jose. Cleft lip mission for underprivileged children with facial deformities
- ACPS Research Department with Plastic Surgeon Amado Ruiz-Razura, MD
- Contributed over 150 papers, presentations, and chapters for plastic surgery in the last 20 years
- Funds and manages the Mentz Foundation for medical and education missions

MEDICAL ACKNOWLEDGMENTS

- President, Houston Society of Plastic Surgeons, 2001
- More than 150 articles, presentations and chapters on liposuction, breast enhancement, and facial rejuvenation
- AMA - Physician Recognition Award
- American Association for Accreditation of Ambulatory Surgery Facilities (AAAASF) Safety Inspector, operating rooms, 1996
- Active on two breast implant research teams
- Lifetime appointment - Stratenburg's Who's Who
- Lifetime appointment - Registered Listed in Who's Who in Medicine
- Chief, Plastic Surgery Division, Sharpstown General Hospital, 1994-1996
- Officer, Houston Society of Plastic Surgery
- Listed in the ABMS Directory of Board Certified Medical Specialists
- Laser Safety Officer, 1995-1996
- Chief, Department of Surgery, Sharpstown General Hospital, 1994-1996
- Chief Resident, St. Joseph Plastic Surgery, 1991
- Chief Resident, Tulane, Head and Neck Surgery, 1989
- Officer, Ochsner Resident Program
- President, Senior Medical School Class, LSU, 1984
- Aesculapian Honor Board, LSU Medical School
- Mortar Board Honor Society, LSU, 1980

PROFESSIONAL ORGANIZATIONS

- American Society of Plastic Surgeons (ASPS)
- American Society for Aesthetic Plastic Surgeons (ASAPS)
- International Society of Aesthetic Plastic Surgeons (ISAPS)
- American Society of Facial Plastic and Reconstructive Surgery (ASFPRS-past member)
- Lipoplasty Society of North America (past member)
- American Academy of Otolaryngology Head and Neck Surgery (AAOHNS-past member)
- Fellow, American College of Surgeons (FACS)
- Fellow, International College of Surgeons (FICS)
- The American Medical Association
- Texas Society of Plastic Surgeons
- Texas Medical Association
- Louisiana Medical Association (past member)
- Houston Society of Plastic Surgeons (past president 2000-2001)
- Harris County Medical Society



DR. MENTZ'S IDEAS AND INNOVATIONS

- Book chapters in Facelifts, Liposuction, Etching, Fat Metabolism, and Safety

FOR BODY CONTOURING

- Invented and first to perform and publish "Abdominal Etching," liposculpture of the six pack, 1992 and published in 1993
- Invented "Modified Abdominal Etching" for the athletic abdomen, presented in 1995
- Body contouring with liposuction, 1995, 1996 and 1999
- Improved Safety in Large Liposuctions, 1999, 2001, 2004, 2006
- Invented new "Single Puncture Gynecomastia Reduction," eliminating the visible scar, 2004 and published in 2007
- Invented and first to perform "Pectoral Muscle Etching" for men, 2004 and published in 2007
- Invented fat grafts to erase the "Bra Strap Groove," 2004 and published 2007
- Improved Safety in Private Surgery Centers, 2001
- First to publish "Local Anesthetic Pain Pumps in Abdominoplasty" for reduced recovery and improved safety with tummy tucks, published in 2004
- Fat grafting for Morphea (advanced scleroderma), the stem cell advantage, 2006
- A safer approach for Breast Lifts with Implants, presented in 2007
- Ongoing research to use stem cells from liposuction

FOR FACIAL REFINEMENT

- Elegance in Structure Rhinoplasty, presented in 1992
- No scar weekend Facial Rejuvenation, presented in 1996
- New Endoscopic approaches to Facelifts, presented in 1997
- Minimal incision Facelift, "the cutting edge", presented in 1999
- Youthful eyes with scarless procedures, presented in 2001
- Improved Facelift Strategies, better SMAS lifting, published in 2004
- Teaching international courses for browlifts, facelifts, and necklifts, 2004
- Research with Isolagen[®], fibroblasts to remove wrinkles, presented in 2004 and 2005
- Introduced the "Liquid Facelift," layering BOTOX[®] Cosmetic, Restylane[®], and Radiesse[®], 2005

HOSPITAL PRIVILEGES

- Aesthetic Center for Plastic Surgery-Surgery Center
- St. Luke's Episcopal Hospital
- Memorial Hermann Memorial City Hospital
- Columbia Woman's Hospital of Texas Bayou City
- Bayou City Medical Center Bellaire Medical Center
- Christus St. Joseph Hospital
- Spring Branch Hospital

AREAS OF EXPERTISE

Dr. Mentz has contributed over 150 papers, chapters, and presentations at national and international meetings for plastic surgery in the last 20 years. Highlights include:

Maximizing Facelift Results. This technique developed by Dr. Mentz, maximizes the lift of midface soft tissues, the jowl and cheek fat, to restore a more youthful cheek contour and jawline. Dr. Mentz also teaches at national and international meetings on brow, face, and necklifts. Presented in Houston, Austin, Mexico City, Cancun, Monterrey, Colombia, and Vancouver and was published in 2004. Textbook chapter on the facelift published in Operative Plastic Surgery in 2001.

Liquid Facelifts. Special combinations of clinic injectables like BOTOX[®] Cosmetic, Restylane[®], Juvederm[™], Radiesse[®], fat and topical creams can be used to achieve youthfulness without surgery. Presented in Dallas, Puerto Vallarta, Saudi Arabia, India, Guatemala, Bangkok, Vera Cruz, Seville and Chile.

Fat Grafts and Stem Cells. Dr. Mentz has assisted or developed several new procedures in this new and exciting area of plastic surgery. These include: fibroblast injections for wrinkle reduction, fat grafts for more full and round buttocks, fat grafts used to erase bra strap grooves, fat and stem cell grafting to improve skin in scleroderma patients, and fat grafts for facial rejuvenation. These have been presented in Houston, Dallas, New Orleans, Philadelphia, Mazatlan, Guatemala, Buenos Aires, Lima, Valencia, Shanghai, Bangkok and Saudi Arabia with several publications in 2004, 2006, and 2007.

Abdominal Etching. A technique originally invented by Dr. Mentz utilizing liposculpture contouring to achieve the athletic abdomen (six pack) for men. Introduced in 1993 and presented in Houston, New York City, San Diego, New Orleans, Guatemala, Grand Cayman, Paris, Seville, Rio de Janeiro, Lima, Puerto Vallarta, and Saudi Arabia. First article published in 1993.

Male Body Contouring. Adding to the technique of Ab Etching, Dr. Mentz has refined contouring techniques for men with many new sculpting techniques. Presented in Houston, Philadelphia, Honolulu, Vera Cruz, and Valencia, Spain. Article published in 2006 and text chapter in 2007.

Pectoral Etching. Another new technique for torso sculpting developed by Dr. Mentz which contours the male chest to enhance muscular detail. Presented in San Antonio, Guadalajara, Buenos Aires, and Mazatlan. Published in 2007.

Smallest Scar Gynecomastia Removal. A new procedure developed for men to remove breast glandular tissue through the smallest incision. Presented in Houston, Mexico City, Mazatlan, Buenos Aires, Colombia, Canada, Saudi Arabia, and China. Published in 2007.

New Liposuction Techniques. New technology continues to improve liposuction results and recovery. Dr. Mentz has pioneered many new techniques and evaluates new technologies. His results have been presented in Houston, Boston, Orlando, Cancun, Buenos Aires, Paris, Vienna, Seville, Saudi Arabia, and India. Text chapter in 2007.

Reduced Pain and Recovery for Tummy Tucks. Dr. Mentz was the first to research and publish the use of a local anesthetic device for reducing pain and recovery for tummy tucks. Presented in Vienna, Chicago, Saudi Arabia, Vera Cruz, New Orleans, India, Guadalajara, Guatemala, Philadelphia, Austin, Houston, Colombia, and Canada. Published in 2004.

Safety in Aesthetic Surgery. All of the members of Dr. Mentz's group have focused on safety for their patients and have developed special criteria to improve safety in the operating room and for recovery. Dr. Mentz has taken part in Surgicentre safety and inspection teams in Houston and elsewhere and helped develop strategies for improved safety. These strategies have been presented in Houston, San Antonio, Mexico City, Colombia, Vancouver, Colombia and Bangkok. Chapter in 2002, 2007 and articles published in 2004 and 2006.

Breast Implants. Training with the inventors of breast implants and participating with implant research teams has given Dr. Mentz insight into the best strategies for his patients desiring expertise in breast enhancement. Presented in Mexico City and Buenos Aires with ongoing projects in progress.

Leading the Country. The Aesthetic Center of Plastic Surgery, with its expertise in aesthetic surgery and research team, has a leading role in the world of plastic surgery. Its ideas that have allowed for the growing of specialized aesthetic practices, pioneering private research, and for improving the experience for each patient have attracted the attention of many countries plastic surgeons. ACPS has been asked to share its group's principles and ideals on podiums in more than 12 countries. Our common goal is to work together to find new ways to make plastic surgery better, safer, and more comfortable for our patients and the patients of our peers.

PHYSICIAN'S STATEMENT

Dr. Mentz is a founder and partner of The Aesthetic Center for Plastic Surgery, one of the largest private plastic surgery practices in the country specializing in aesthetic surgery. His extensive training and magnitude of experience have merited Triple Board Certification. He is the first surgeon in the United States to hold these three boards. Each board is an advanced course of study with recognized experts. This intensive and precise training has allowed Dr. Mentz to innovate and improve current technologies and offer safer, more detailed, and refined results.

His distinguished credentials in facial rejuvenation with special interest in body contouring have proven his commitment and enthusiasm for the specialty of plastic surgery. Recognizing his expertise and experience in the field of cosmetic surgery, he has been chosen for membership in all of the esteemed plastic surgery organizations (ASPRS, ASAPS, FICS, FACS, AAFPRS). Memberships for these societies are awarded only to board certified plastic surgeons who demonstrate the additional interest and experience in cosmetic surgery and can pass the scrutiny of well-respected peers in this area of plastic surgery.

Dr. Mentz occasionally travels with a team of medical professionals to deliver surgical services to underprivileged children in Mexico, Latin America, and South America born with cleft lips and palates. He and his staff support and dedicate a portion of his profits to these programs for underprivileged medical and educational support.

Dr. Mentz has dedicated the last 20 years of his career in medicine to the art and science of aesthetic plastic surgery. He has been named

“Top Doctor” and “Super Doc” in the field of Plastic Surgery for Houston for many years.

He has been invited to provide expert insight in both print and broadcast media locally and nationally on many radio shows, TV documentaries, and publications of The Aesthetic Plastic Surgery Journal, Plastic and Reconstructive Surgery Journal, Plastic Surgery Products, Plastic Surgery News, Longevity Magazine, Beauty Magazine, Robert Kennedy MuscleMag, International MuscleMag, Health and Fitness Magazine, Texas Woman Magazine, H Texas Magazine, and the Houston Post and Houston Chronicle Newspapers.

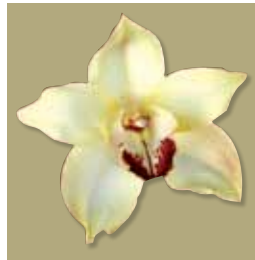
He attends many meetings, lectures nationally and internationally, and is on the teaching staff at two major residency programs in Houston. He has contributed chapters to five plastic surgery texts and more than 150 other national and international publications and presentations. Over the years, he has been able to analyze and improve his results, reinforcing the theory that experience is the best teacher. His clinical experience is devoted 100% to aesthetic surgery. When in surgery, your safety is his number one concern.

Dr. Mentz's ultimate goal is to create a natural and youthful appearance with minimal detectability and risk. Dr. Mentz and his dedicated staff strive to provide that “Added Touch” to maximize your experience and make it as comfortable and memorable as possible. To accomplish this goal, The Aesthetic Center for Plastic Surgery offers a full spectrum of beauty & skin care services to speed your recovery and improve your results. Dr. Mentz would like to become a partner with you in your pursuit and make this experience one of the highlights of your life.



*“A keen aesthetic sense
and devotion to detail
are paramount in every
procedure.”*

-DR. HENRY A. MENTZ, III





MY MEDISPA

The My MediSpa Group is a partnership between our Plastic Surgeon, Dr. Mentz, our Aesthetic Trained Nurse Practitioner, Renée Arriaga, and several Houston facilities. In an effort to provide more convenience to our patients, we provide cosmetic injectables at several Houston locations in a comfortable spa atmosphere with plastic surgeon oversight and the most extensive training program possible.

Our certified and specially trained Nurse Practitioner will provide injectables like BOTOX® Cosmetic, Restylane®, Juvederm™, Radiesse®, Perlane® and other products. Treatment is provided in the calm, soothing surroundings of our own medispa or one of our partner locations. Our Physician and Nurse Practitioner are Certified and Trained for BOTOX® Cosmetic, Restylane®, Juvederm™ and Radiesse® and provide the highest quality care and treatment.

We have also selected the premier quality Spas and partners in your area that can provide private and professional treatment areas for our Nurse Practitioner in surroundings that are comforting and pleasant. We contribute a portion of the profit of every treatment to the support and care of children in need through the Mentz Foundation. We are proud that our Nurse Practitioner, Renée Arriaga, supports and directs several medical missions for this cause.

RENÉE ARRIAGA, RN, MSN, FNP, APRN-BC

Mission Statement:

To serve others with love and respect, while encouraging them to reach their full potential. "I will accomplish this mission by dedicating my life's work to serving, helping, and encouraging others daily whether it is done personally, in nursing, or through spiritual missions."

Education Background

- 2004 Houston Baptist University, Master's Degree in Nursing and graduation from the Family Nurse Practitioner program with a GPA of 3.87
- 1998 University of Phoenix, Bachelor's Degree in Nursing, graduating with honors
- 1989 Tyler Junior College, Associate Degree in Nursing

Specialized Training and Certifications

- Basic Life Support
- Advanced Cardiac Life Support
- Registered Nurse, 1998
- Board Certified by the American Nurses Credentialing Center (AANC)
- Specialty of Family Nurse Practitioner, 2004
- BOTOX® Cosmetic Certified
- Juvederm™ Trained
- Restylane® Trained
- Radiesse® Trained
- Fraxel® Laser Trained
- Sclerotherapy Injection Trained
- Perlane® Trained
- Sculptra™ Trained





"I'm Lupe, Dr. Mentz's Patient Coordinator. Contact me with any questions you may have at 713-354-5163 or email lupe@mybeautifulbody.com"

INITIAL CONSULTATION

At The Aesthetic Center for Plastic Surgery, our patient coordinators go the extra mile to ensure patients are given the royal treatment. On your initial visit to the practice, Dr. Mentz's patient coordinator, Lupe Elizondo will greet you and introduce you to the practice.

At your consultation, Lupe will share with you Dr. Mentz's extensive gallery of before and after images. She will help answer your questions and assist you in providing information about your surgery.

Dr. Mentz takes great pride in the dedication and hard work that his patient coordinator, Lupe, provides to patients. More than just a patient coordinator, Lupe takes the time to know each patient personally. This personalized service is something that Dr. Mentz's patients have grown to expect from his professional staff. Lupe is trained to assist you in scheduling your appointments, answering questions about your pre-operative and post-operative care, and making sure that your privacy is respected.

For your convenience, our patient reception area is wired for access to the World Wide Web. A large plasma screen located in a secluded mini bar area offers patients and guests the opportunity of reviewing the credentials and services offered by Dr. Mentz. Various snacks and a variety of coffee, juices, and premium water selections are complimentary to our guests as well.

It comes as no surprise that our patients are excited about referring their family and friends to Dr. Mentz as well. No one cares more about the safety and well being of our patients than we do.





THE SURGERY CENTER

The Aesthetic Center for Plastic Surgery (ACPS) was founded in 1996 by Dr. Henry A. Mentz, III, Dr. Germán Newall, and Dr. Christopher K. Patronella. The Aesthetic Center for Plastic Surgery is currently ranked as the largest private plastic surgery practice in Texas. The practice surgical facility, the Aesthetic Center for Plastic Surgery Surgicentre, is an AAAASF certified surgical facility. The Surgicentre exceeds accepted standards for private surgical facilities and is licensed by the Texas Department of Health. The Surgicentre offers two surgical suites, pre-operative consultation suites, and four comfortable post-operative overnight suites, all staffed with medical professionals hand-picked by our surgeons. The Surgicentre is located at 12727 Kimberley Lane, Suite 303, Houston, TX 77024 in the very prestigious Memorial/Town and Country area of Houston.

For our out of town guest, we offer a number of corporate arrangements with local hotels, including town car services and other patient amenities. ACPS is proud of our association with the luxurious St. Regis Hotel located across the street from our River Oaks/Galleria office. Providing you with hotel and town car options are just another way The Aesthetic Center for Plastic Surgery is committed to providing the very best in comprehensive patient services. For information regarding our exclusive patient services, please contact our office at (713) 354-5163 and ask for Lupe, Dr. Mentz's patient coordinator.

The professional offices of The Aesthetic Center for Plastic Surgery are located in the Galleria area of Houston at 4400 Post Oak Parkway, Suite 2260 and in the Memorial/Town and Country area of West Houston at 12727 Kimberley Lane, Suite 300.





POST-OPERATIVE SERVICES

As part of our signature “Added Touch” services, we offer private visits to your home by a certified medical professional with our exclusive home health care program. This exclusive signature service is provided to patients recovering in Houston, when recommended by triple board certified plastic surgeon, Dr. Mentz. Your visiting healthcare professional will monitor your recovery, help change dressings, assist you with your medication, and provide updates regarding your recovery to Dr. Mentz. This highly skilled healthcare professional has been specifically trained to address your recovery needs. Patients appreciate the attention to detail and assistance in speeding the recovery process provided by Dr. Mentz’s caring staff. Your safe and carefully monitored recovery remain our top priority. This exclusive service, offered to patients of Dr. Mentz, is just one of the many personal patient services that make the ACPS experience so unique.

To relax muscles and improve circulation, a therapeutic massage may be recommended as well to patients of Dr. Mentz. This massage is recommended approximately 10-14 days after surgery to help facilitate quicker healing by helping to reduce swelling and bruising, improve range of motion, and stimulate the nerve endings to alleviate numbness. Therapeutic massage is just one of a number of health and spa services that are available to patients of Dr. Mentz and conveniently located in the safe and private professional offices of Dr. Mentz.





RESEARCH CENTER

The ACPS Center for Clinical Research and Education is a 1200 sq. ft. facility within the Aesthetic Center for Plastic Surgery Memorial/Town and Country location. The center is designed to educate the novice plastic surgeon and update the experienced plastic surgeon on the latest procedures in aesthetic surgery. Two certified and fully accredited operating suites, a state of the art conference room, a complete video library, and the latest computer technology are available for educational and research purposes. The Center for Clinical Research and Education is open to local and international plastic surgeons who would like to observe the most up-to-date techniques being performed by the ACPS surgeons.

Mission

The ACPS Center for Clinical Research and Education was created to coordinate efforts to allow ACPS to continue to educate, evaluate, and offer the latest and safest techniques in aesthetic plastic surgery. Our goal is to continue the tradition of excellence initiated by the surgeons and staff of The Aesthetic Center for Plastic Surgery. The Center for Clinical Research and Education strives to promote the highest standards in patient care and maintain our leadership by developing innovative techniques, instruments, and procedures specific to aesthetic plastic surgery.

Overview

Education:

With over 23 years of experience in the field of plastic, reconstructive, and aesthetic surgery Amado Ruiz-Razura, MD, FACS, FICS is an impressive addition to the Aesthetic Center for Plastic Surgery team. Dr. Ruiz-Razura was named director of the Center for Clinical Research and Education in 2004. As a professor of Plastic &

Reconstructive Surgery at the University of Texas Medical School at Houston, Dr. Ruiz-Razura is responsible for directing the clinical rotations of medical students, residents, and fellows through the Aesthetic Center for Plastic Surgery.

Clinical Research:

Dr. Ruiz-Razura is recognized as an outstanding surgeon, educator, and contributor to hundreds of presentations, numerous articles and papers on plastic surgery, including inventions and patents. Dr. Ruiz-Razura continues to expand his innovative mind, clinical judgment, educational and research talents on behalf of The Aesthetic Center for Plastic Surgery. He is responsible for all the clinical protocols and research studies being conducted at the center.

Training and Research Facilitator:

Dr. Ruiz-Razura conducts educational training seminars on cutting edge surgical advancements and innovative approaches to cosmetic surgery on behalf of ACPS. Dr. Ruiz-Razura facilitates the creation of clinical research studies by working closely with companies that offer the products, equipment, and instrumentation developed to improve patient care and enhance plastic surgery results.

Media Liaison:

Dr. Ruiz-Razura is the practice liaison for all media outlets. He is available to international, national, and local media to discuss any and all recent developments in plastic surgery, on-going research protocols, and educate the media on today's most popular plastic surgery procedures. Fluent in English, Spanish, and French, Dr. Ruiz-Razura coordinates and interfaces with media outlets throughout Europe and Latin America.





BEAUTY AND SPA SERVICES

Laser Hair Reduction is perfectly suited for the more delicate facial skin, sensitive bikini areas, and legs of women, as well as the rougher skin areas of a man like the back and under arms. The GentleYAG specifically targets those problem areas where unwanted hair is visible.

Fraxel® Laser Treatment

The Fraxel® Laser represents the latest advancement in laser treatments. The Fraxel® Laser targets and eliminates old epidermal pigmented cells leaving the surrounding tissue intact. This “fractional” approach allows the skin to heal much faster resulting in tissue that is tighter and healthier.

Vein Treatment

Candela GentleYAG laser is very effective in treating the purple or blue veins too small to be treated by sclerotherapy.

Massage

Therapeutic Massage:

Long, relaxing strokes soothe the nerves and reduce stress. This relaxing massage is designed to relieve tension and stress by combining long gliding strokes with muscle kneading. The result is pure relaxation.

Post-Operative Massage:

This massage is recommended approximately 10-14 days after surgery to help facilitate quicker healing by helping to reduce swelling and bruising, improve range of motion, and stimulate the nerve endings to alleviate numbness.

Microdermabrasion is a non-surgical, non-chemical, non-invasive skin exfoliation treatment to help improve the overall quality and texture of your skin.

The MicroPeel® is a three-step process that removes a micro-thin top layer of skin. The top layer is a significant obstruction to having better skin, because it is pore-clogged. The procedure is safe, effective, and is accomplished in 15-20 minutes.

BOTOX® Cosmetic is a purified protein, administered in a simple, non-surgical procedure that will temporarily improve the appearance of some facial wrinkles.

Restylane® is indicated for mid-to-deep dermal implantation for the correction of moderate to severe facial wrinkles and folds, such as nasolabial folds. Restylane® is a crystal-clear, non-animal, biodegradable gel based on a natural substance called hyaluronic acid. The gel is injected into the skin in tiny amounts with a fine needle.

Juvéderm™ is also a hyaluronic dermal filler indicated for the correction of moderate to severe facial wrinkles and folds, such as nasolabial folds. Juvéderm™ is a hyaluronic acid which lasts slightly longer.

Radiesse® is considered a cosmetic filler. If you are interested in lip augmentation and facial contouring that lasts longer than six months and less than forever, then Radiesse® may be for you.

Skin Care

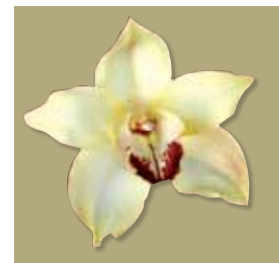
At ACPS we offer the following skin care lines only available through physician's offices.

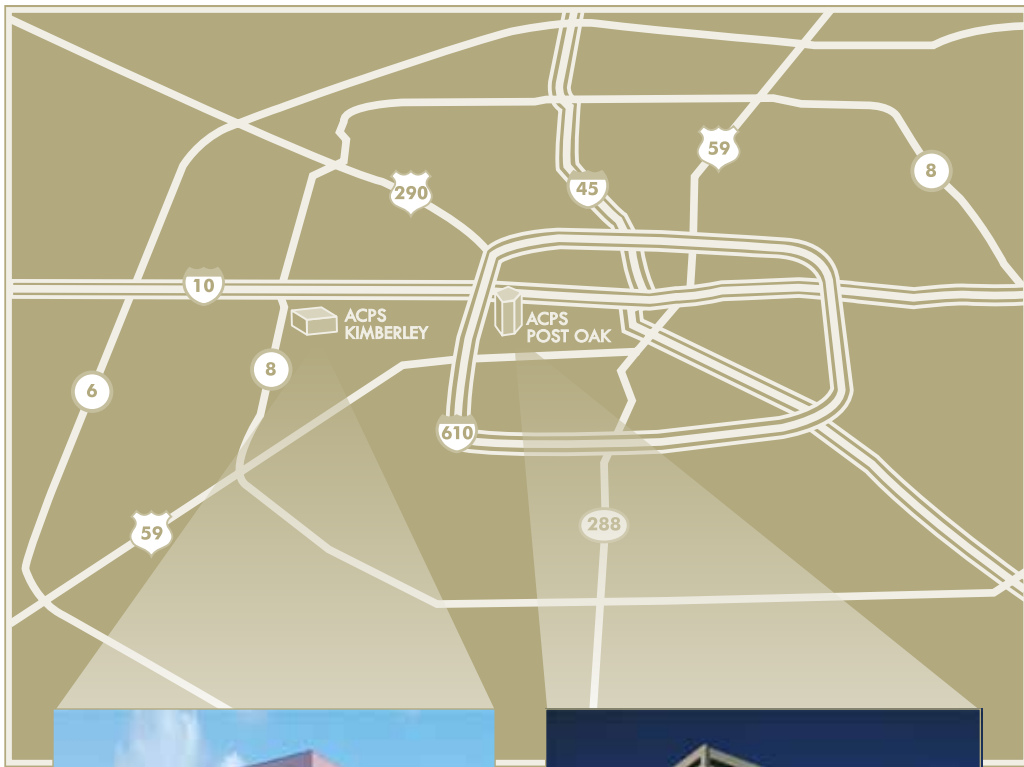
- La Roche-Posay BioMedic® Skin Care products
- LycoScience: Dermesse™ Skin Care products and LycoGel™ Camouflage
- Obagi® Skin Care Products
- Skin Medica
TNS Regeneration System with NouriCel-MD

Cosmetics

ColoreScience® is a specially formulated line of high quality cosmetic products available exclusively through qualified cosmetic specialists.

Permanent Makeup is a wonderful alternative to a daily makeup routine.





Memorial / Town and Country
Kimberley Professional Building
12727 Kimberley Lane
Suite 300
Houston, Texas 77024

ACPS Surgery Center
12727 Kimberley Lane
Suite 303
Houston, Texas 77024

713-799-9999

Directions are available at
DrMentz.com



River Oaks / Galleria
4400 Post Oak Parkway
Suite 2260
Houston, Texas 77027





"Let me invite you to visit my website for a complete gallery of before and after images."

Dr. Henry Mentz
Image Gallery
Facial Rejuvenation and Refinement





Facial Rejuvenation

40's and 50's



50's and 60's





Facial Refinement

Rhinoplasty



Endoscopic Lifting



Dr. Henry A. Mentz



Eyelid Surgery



Dr. Henry Mentz
Image Gallery
Body, Breast and Male Refinement



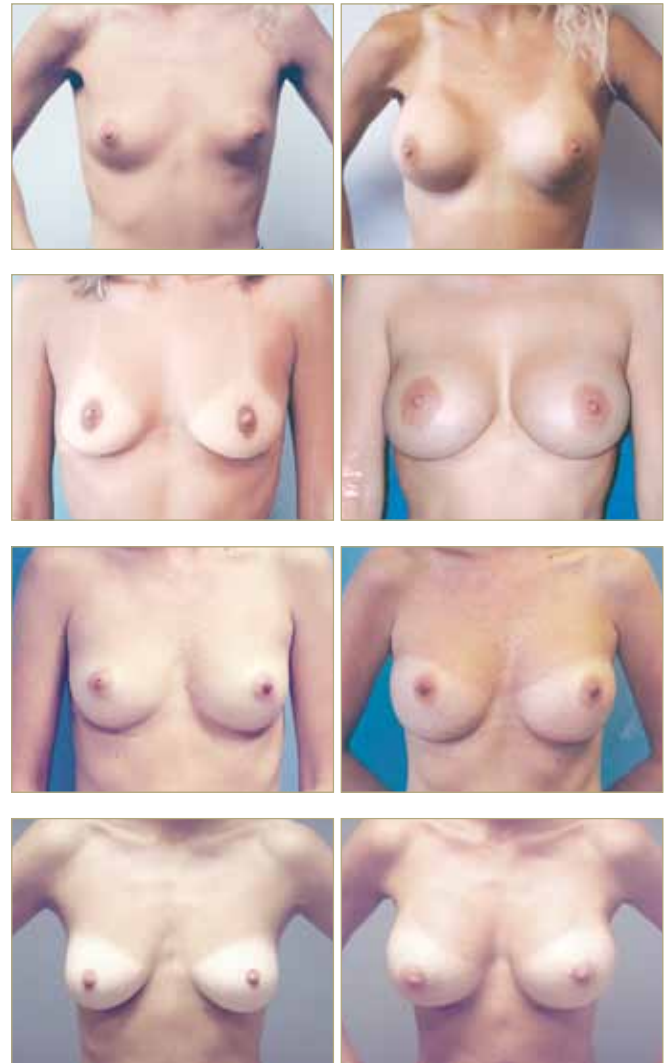


Body & Breast Refinement

Liposuction / Abdominoplasty



Breast Augmentation



Breast Lift





Body & Breast Refinement

Abdominal and Pectoral Etching



Liposuction



Dr. Henry A. Mentz



Rhinoplasty



Facial Rejuvenation





The Aesthetic Center For Plastic Surgery

MyBeautifulBody.com

DrMentz.com

MyMediSpa.com

713-799-9999

Galleria / River Oaks

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Memorial / Town and Country

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