

Dr. Henry A. Mentz

Aesthetic Center for Plastic Surgery
Houston, Texas

ASK DR. MENTZ

HOW MANY BOARD CERTIFICATIONS DO YOU HOLD?

I have triple board certifications. Each board carries with it specific techniques and skills, and the blending of these boards creates a unique skill-set. In particular, my extensive facial training has given me a keen sense of awareness to the natural contours of the body, and parlays itself into a beauty as real as nature.

WHAT ACCOMPLISHMENTS ARE YOU MOST PROUD OF?

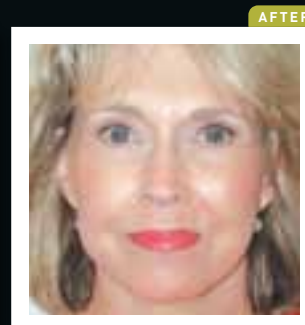
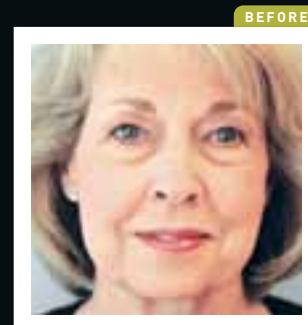
I was awarded the Doctors' Choice award by *Health & Fitness Sports Magazine*; as well as the Certificate of Excellence for Best Journal Article by the American Society for Aesthetic Plastic Surgery and Aesthetic Surgery Education and Research Foundation; and I was voted one of Houston's Top Docs by *H-Texas Magazine*. In addition, I was published in *Forbes* as a "leading plastic surgeon of the United States."

WHAT INSPIRED YOU TO ESTABLISH A PRO BONO FOUNDATION?

I've always been taught to be grateful, gracious and appreciative for all that I have been given. I began our Foundation to help underprivileged children around the world, specifically in the island of Roatan, Honduras. It is a long-term goal of mine to spread good health and education to those who are unfortunate and yet deserving.

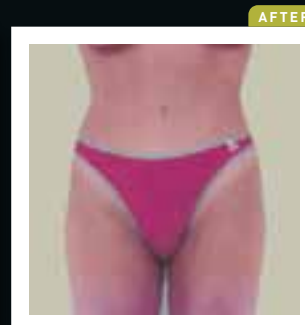
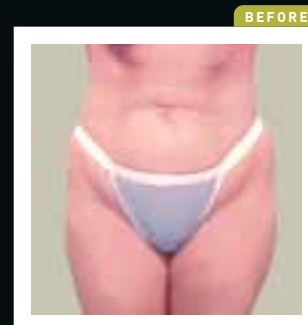
Centered on patients

The Aesthetic Center for Plastic Surgery has an array of options for patients who opt for either surgical or noninvasive care. The elegantly appointed, spa-like practice provides two offices; an AAAASF-certified surgical center; board-certified anesthesiologists; overnight facilities; private-duty nurses; home care; massage therapists; aestheticians; laser services and adept injectors for Botox®, fillers and sclerotherapy to accommodate patients' vast needs. "We want to provide our clients with every amenity for their comfort and stealthy recovery. Our nurses, staff and facilities ensure that patients feel safe and welcome throughout the entire process of their aesthetic journey." With a staff that supports Dr. Mentz's patient-centric philosophy, the Aesthetic Center for Plastic Surgery maintains a high level of patient satisfaction and testimonials.



FACE VALUE

"My patient, a 62-year-old wanting to maintain her competitive edge in the workplace, sought extensive rejuvenation, both surgical and nonsurgical. I therefore combined tactics and performed a facelift, necklift, endoscopic browlift, and upper and lower blepharoplasty, along with fat grafting to the cheeks, laugh lines, chin and lip area."



POST-BABY BODY

With a desire to fix her post-pregnant pitfalls, this 30-year-old chose Dr. Mentz for her corrective body-contouring procedures. "My suggestion was twofold—an abdominoplasty to tighten weak muscles and remove excess skin, as well as liposuction of the abdomen, hips, flanks, inner and outer thighs, arms and back."

"we offer comprehensive plastic surgery care"

MEET THE EXPERT

Dr. Henry A. Mentz

American Board of Plastic Surgery
American Board of Facial Plastic and Reconstructive Surgery
American Board of Otolaryngology / Head and Neck Surgery

SERVICES OFFERED

Body Contouring
Rhinoplasty
Facial Rejuvenation
Breast Enhancement
Facial Refinement

ABOUT DR. MENTZ

WHAT DOES YOUR OFFICE LOOK LIKE?

It's very spa-like, resembling a cozy, inviting living room with soothing décor.

HOW WOULD YOU DESCRIBE YOUR STAFF?

They are well trained, attentive, supportive, compassionate and dedicated.

HOW MANY YEARS HAVE YOU BEEN IN PRACTICE?

Twenty.

IN WHAT WAYS ARE YOU A TEACHER?

I've participated in more than 150 presentations, books and chapters, imparting my knowledge to other doctors.

MEDICAL DEGREE
Louisiana State
University Medical School

LOCATION
Houston, Texas

CONTACTS
713.799.9999
877.707.2277

To learn more about the practice visit
drmentz.com
mymedispa.com
mybeautifulbody.com